

NATIONAL DIABETES EDUCATION PROGRAM

Material Submission Form for Support for Behavior Change Resource

Name of person submitting:

Organization:

Address:

Phone:

Fax:

Email:

Point of contact for submission (required):

Name of research article, tool or program that you are submitting:

Rationale for submitting research article, tool or program. (Does this meet an unmet need or reflect best practices?)

Note: Submitted materials must be available to the public. The material and related documents should be submitted or you should identify the web site URL where it can be located. If material requires purchase, please include copy with submission form. For research articles, submit full-text electronic or hard copies of research articles. Abstracts or URLs to partial articles will not be accepted.

Date of material/publication:

Available Languages:

English

Spanish

Other:

Target Audience

(check all that apply):

People with diabetes (check all that apply)

Children

Teens

Young Adult

Adult

Older Adult

People at risk for diabetes (check all that apply)

Children

Teens

Young Adult

Adult

Older Adult

Families and Support Persons

Health Care Professionals

Agencies/Organizations/Communities/Employers

Check all target behaviors addressed:

Physical Activity

Healthy Eating, Nutrition, Meal Planning

Lifestyle Modification and Making Changes

Weight Management

Coping, Stress and Emotions

Preventing Complications

Medication Taking

Risk Reduction – Pre-diabetes

Smoking Cessation

Self-monitoring of Blood Glucose

Appointment Keeping

Other – describe:

Check all behavior principles used:

Education and Care Strategies

Problem Solving

Coping Skills

Counseling

Active Listening

Motivational Interviewing

Goal Setting

Patient Empowerment

Social and Peer Support

Overview/General Reference

Other – describe:

You may submit this form by:

• **Email:** smcdonough@hagerssharp.com

• **FAX:** 202-842-4032, or

• **Mail to:** NDEP, Hager Sharp 3rd Floor, 1090 Vermont Ave, NW, Washington, DC 20005.

Thank you very much for your submission.